

## **Arlington County Department of Parks and Recreation**

### **Winter 2021-22 House Basketball Program Guidelines**

This document is to outline the program guidelines for the Arlington County Department of Parks and Recreation House Basketball program including Saturday morning and late-night basketball.

This document has been edited and updated from the 2021-22 season based on the latest guidance from the Centers for Disease Control, the Arlington County Public Health Division and in consultation with Arlington Public Schools.

#### **Health Screenings**

- The Department of Parks and Recreation will not conduct health screenings for entry into programs or facilities in the winter 2021-22 season.
- Please check for the following symptoms prior to participating in Basketball activities:
  - Fever of 100.4 F or greater
  - Chills
  - Fatigue (more tired than usual)
  - Nasal Congestions
  - Headache
  - New Sore Throat
  - New Muscle Pain
  - Loss of Taste or Smell
  - Abdominal pain, diarrhea, nausea, or vomiting

#### **Temperature Screenings**

- The Department of Parks and Recreation will not conduct temperature screenings for entry into programs or facilities in the winter 2021-22 season.

#### **Face Coverings**

- Masks are required for all spectators
- Masks are required for all coaches
- Masks are required for players, except when actively playing.

#### **Physical Distancing**

- DPR will implement distancing to the extent possible in all programs. Masking and other strategies will help protect program participants where distancing is not possible.

### **Exposure**

- Participants will be considered a close contact if they are determined to be in immediate proximity (within 6 feet) to a positive case for a cumulative total of 15 minutes or more over a 24-hour period.

### **Capacity**

- Spectators/family members at games and practices should be limited to two (2) per player
- Limit the arrival of your team to 10 minutes prior to the start of the game.
- Clear the court and the gym immediately upon the conclusion of your game.

### **Reporting Cases and Contact Tracing**

- If your participant is sent home from school due to a positive COVID-19 case or has tested positive for COVID-19, please contact Katie Salyers for grades 1-2 ([Ksalyers@arlingtonva.us](mailto:Ksalyers@arlingtonva.us)) Patrick Leonard for grades 3-5 ([pmlleonard@arlingtonva.us](mailto:pmlleonard@arlingtonva.us)) Tyler Remerow for grades 6-8 ([Tremmerow@arlingtonva.us](mailto:Tremmerow@arlingtonva.us)) and Javonta Campbell for grades 9-12 ([jscampbell@arlingtonva.us](mailto:jscampbell@arlingtonva.us))

### **Quarantine**

Should a COVID exposure or a positive test within a team occur, players identified as a close contact should quarantine for 14 days. However, participants may return sooner if:

- A negative PCR test is produced on days 5-7. Once a negative test is produced on days 5-7, the participant may return on day 8.
- Fully vaccinated individuals are exempt from quarantine unless they develop symptoms or test positive for COVID-19.
- Please be advised that the quarantine period doesn't start until exposure to COVID-19 has ended. If other members of your household have contracted COVID-19, the exposure period has not ended.

Once your participant is cleared to return to school, they may return to Basketball activities.

**PLEASE NOTE:** The situation with COVID-19 is fluid. These guidelines may change.

If you have further questions related to program participation, and COVID-19, please contact Greg Anselene at [ganselene@arlingtonva.us](mailto:ganselene@arlingtonva.us).

Last Updated: 1.20.22